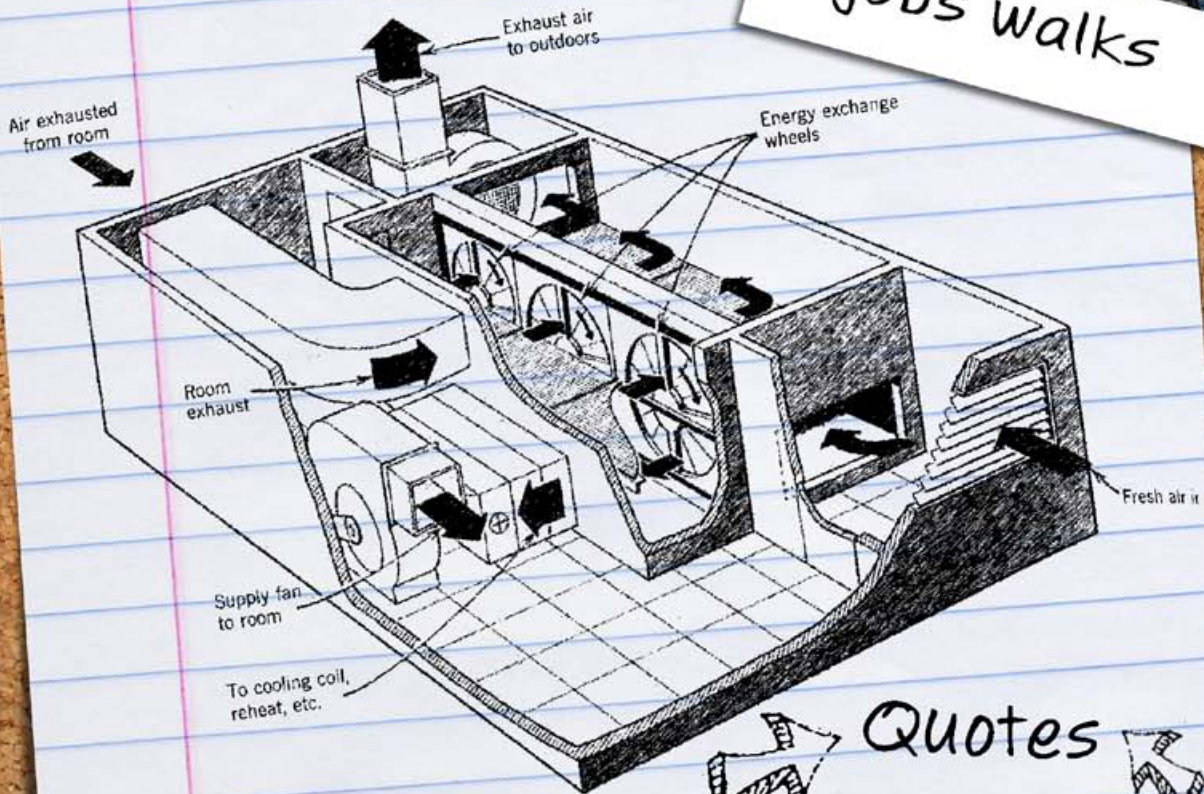


The Intern Bulletin



jobs walks



Quotes

Summer
2011

SI Southland Industries
Design • Build • Maintain

The main reason I liked this internship was the opportunity to work with the Southland Safety Coordinators onsite and resolve issues like I was a full time employee. They always took the time to explain things in great detail and included me in all aspects of their work. It was good hands on working experience that let me build a relationship with the field employees and take on the responsibility of a Safety Coordinator.

-Colby Betz (MAD)



NorCal (from left to right) Julia Pollard, Amanda Fujii, and Ryan Bruggeman

My favorite part about my summer internship was the continuous effort and training that was invested in all of the interns by all of the different people working at Southland. Both hands on in the field and in the office we had a lot of opportunities to learn about all the different aspects of the different jobs within Southland Industries. Southland definitely goes above and beyond other companies with their training and continuous improvement all across the company.

-Stephen Henning (SoCal)

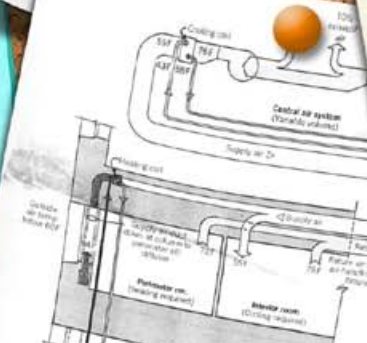


This summer at Southland Industries has really helped me learn more about the career path I intend to pursue. It has allowed me to translate my theoretical knowledge into practical applications in a 'real-world' environment. The best part of this experience, as compared to past jobs/internships I have had, is the level of responsibility in the tasks that I have been given. I was trusted with handling more important work that actually had relevance to the project and would have affected productivity if it didn't get finished.

-Alex Quercetti (MAD)

I do enjoy a fast pace work place and have truly enjoyed receiving challenging and ever changing jobs on the MLK team as I feel like I'm always being forced to learn and think on my feet, something that can't be had if your internship consists of merely making copies. I've been put in a position that was just at the edge, and sometimes a little beyond, my comfort zone and I feel like this is something that helps me learn, not only as an employee in the field of construction but as a business person.

-Bryson Bonzini (SoCal)



Before I started the internship, I had heard from other industry professionals that Southland is at the top of the industry, leading in innovation and constantly setting the bar for the specialized contractors in the country. I did not fully appreciate what this meant until I actually got to work. Being from Cal Poly SLO I was used to the "learn by doing" mentality, but Southland took this concept and ran with it this summer, and I absolutely love this about the company. Southland has taught me that the true learn by doing mentality means not being afraid to try new things, but taking the time to do them well. This hands-on learning helped me to learn a lot about working in the construction industry. I learned how to work on a team in different situations and circumstances, and how to adapt when the meeting isn't necessarily going your way. I learned about how the different trades work, and how they need to be flexible when working with other trades.

-Stephen Kazim (SoCal)



Generator



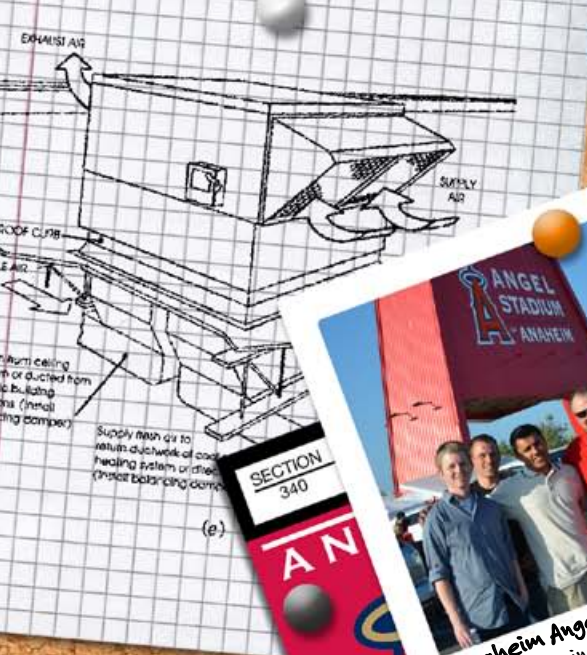
Job walk @ 6am



wake up at 5

CAL POLY MUSTANGS

ITUTIP



What I specifically like about my internship are the opportunities I had this summer to interact with vendors, engineers, project managers, superintendents, MEP coordinators, BIM coordinators, detailers and other trades. The exposure to the different size projects in these eleven short weeks; I had the opportunity to start seeing Southland's culture, and values along with understanding how all the different Southland departments collaborate internally and externally with other subcontractors and /or vendors to accomplish a successful project. I also like that I started learning about some of the lean methods that include pull planning, 5 why root analysis and 3 A's, and break out rooms with others.

-Jose G. Bojorquez (SoCal)

Safety first

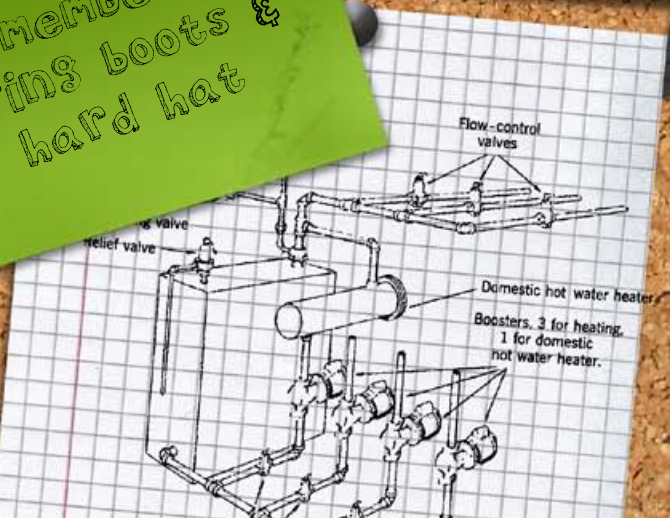


I have learned a lot about the industry that Southland is a part of and also the type of company that we are. I was under the impression that my summer would be filled with the following; following supervisors to meetings, job walks and all of the other things that come with Project Management. However, I found the freedom that I needed when first entering the construction management field. With this freedom I was able to learn from the ground up by receiving/ accepting tasks that I was able to complete with confidence

-Anthony Sekinger (SWD)



Remember to bring boots & hard hat



I feel as if every member of our team – whether they are here with me in the management trailer, at the Dulles Office, or out in the field – has truly taken however much time out of their day to give us the attention that has made us excel here and that will continue to help us be successful in the future, regardless of what career path we may choose. Though it can be intimidating to have great responsibility when you feel so inexperienced, it is very rewarding to be given things the company actually needs done, and will utilize, while other companies offer “busy” work. Contributing to OMSI’s, purchase orders, document control, training coordination, and inspections has made me feel like a valuable member of this team.

—Marcy Wheeler (MAD)



I was given the opportunity to be the PM for a 10-story parking garage in the final two months of the project. I attended weekly meetings (a couple times all alone), coordinated activities with subcontractors, disagreed with the general contractor, inspected the quality of work, sketched up drawings to locate core drill locations, put together OMSI binders, and worked with field guys to understand why they did certain things when the drawings said to do otherwise. As the summer progressed I started to understand why they gave me as much responsibility as they did. **Because it's the only way to do it.**

—Alex Taugher (MAD)



At first I was a little bit overwhelmed by how big the job site was but it didn't take long for me to catch the hang of things. What I liked the most was that I was challenged everyday with new problems and constantly learning new things. I also...

... liked the responsibility that I was given on the job site and what I did wasn't busy work. Also any questions I may have had were answered even if they couldn't be given right away it didn't take long for my co-workers to get back to me with the right one. Not only was my internship paid for but also my housing and was provided the tools for work. I don't know how much better this internship could possibly get.

—Derek Boschert (MAD)



Everyone at Southland has been very willing to explain the concepts behind the HVAC and plumbing systems. They've also taught me AutoCAD and have continually shown me more shortcuts in the program. I really enjoy being given tasks that are relevant to the projects we are working on. This internship is very hands-on and allows me to learn and do a lot. The trainings and “Lunch-N-Learns” also give me more ways to learn about mechanical and plumbing/ piping systems. I enjoyed going on our job walk because I could finally see what chillers and cooling tanks (and everything else) look like in real life. The job walk put everything I've seen in AutoCAD into perspective for me.

—Julia Pollard (NorCal)



All these opportunities that were presented to me during my internship at Southland Industries has changed my perspective on what an internship is. I initially believed that an intern was a temporary position that just follows employees around just to see what they do for a living. Now with the help of Southland Industries, I realized an intern is a student of the industry ...

...not just in the classroom. An intern receives ‘hands on’ training with actual, real life, and daily duties and experiences that engineers accomplish in their own lives. The skills that I received at Southland Industries as an intern can without a doubt be transferrable and valuable to any company in the HVAC/ project management industry.

—Winston David (SoCal)



DC Scavenger Hunt (From left to right) Alex Quercetti, Ben Bollinger, Janna Yetter, James Washington

Lunch 'n learn @ 12pm in trainings room

See you
next year.



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